“I only know that I know nothing”

## 

-Socrates.

YES! MAGAZINE

HOW TO HAVE ADRENALINE IN THE BLOOD STUDYING MATH?

**HOW TO HAVE ADRENALINE IN THE BLOOD STUDYING MATH?**

Maybe, you were thinking that the usage of ‘adrenaline’ was something to highlight the article or even to grip you. Nonetheless, it is totally feasible that you might feel anxious, nervous and excited for studying MATHEMATICS. If you think that you are so dumb and your friend by your side at the class is a geek, then pay close attention to the tips below to reverse it and prove that you are wrong!

First of all, Math absorbs your concentration and you are supposed to collaborate with your brain, avoiding deconcentrating. When I study it, I never listen to music or chat with my friends. You are used to doing it, aren’t you?

Then, make up situations that you can use the content learned, such as draw a building and a tree and calculate sine, cosine or tangent with the distance between both corps. Have you ever chewed on that? Turn on the fan, because you will sweat!

And, finally, do all the tests you find to improve your interest on the subject and, moreover, look forward to get all the questions right in order to rub it on your friends face (do not be so aggressive, lol).

**MATH IS LIFE!!!!!**

Study math for the NATIONAL HIGH SCHOOL EXAM;